

Join Early CHOICES for a series for families with children birth to 5: Everyday Learning Activities

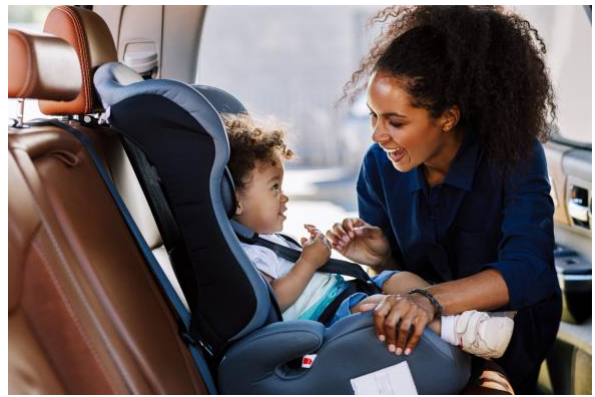
This project was made possible by grant number 90TP0057-01. Its contents are solely the responsibility of the authors and do not necessarily represent the official view of the United States Department of Health and Human Services, Administration for Children and Families.

1 hour virtual events to learn ideas, tips and strategies to support learning throughout the day for your young children. Open to all. *Please register using the links in each date.*

www.eclre.org

Transitions: October 29, 7 pm

How do we make transitions go smoothly and help our children gain independence?



Mealtimes: November 18, 7pm

Let's talk about what our family believes is important about sharing food and meals.



Play: December 10, 7 pm

Playing is serious work for our children. What can we learn together as we join them?

Outings: January 28, 7 pm

Every walk or trip to the store is a big adventure with a young child. Here we go!



Sleep: February 27, 9 am

Sleep is the foundation for a happy and healthy family life. Learn some strategies for self-care and rest.